

Transitioning Youth Resource Fair Oct 26, 2013 - Adult Workshop Session Descriptions

CC – Campus Center Montgomery College Rockville

9:15 – 10:00 a.m.

DDA and Changes in Resource Coordination *Joyce Sims, Exec Dir Resource Connections and Mindy Propst, Service Coordination* Who is eligible for services from Maryland's Developmental Disabilities Administration? When and how should you apply? And what do all the changes mean in resource coordination? Learn some answers from two of the organizations now responsible for resource coordination in Montgomery County. *CC-Faculty Dining*

Oh What the Library Has For You! *Staff from Montgomery County Public Library Disability Resource Center* The Internet can be safe, useful and fun – from privacy settings on Facebook to networking for jobs and social activities. Also learn about other online services from Montgomery County Public Library and such special programs as Saturday Adaptive Technology Sessions. *CC - 208*

Who's Transitioning Where? *Kathy Kolan and Margie Parrott, MCPS Transition Services* This session offers a road map through high school and beyond, addressing specific graduation and assessment requirements- HSAs, modHSAs and alt-MSAs, and Student Service Learning (SSL). There will also be a discussion of how best to use the high school years to build toward the transition to independence. *CC - 205*

Transitioning to Adulthood with Mental Health Disabilities *Ann Mahling Geddes, Maryland Coalition of Families for Children's Mental Health* This workshop will discuss some of the many transition obstacles that confront families whose child has a primary diagnosis of a mental health disability. Topics covered will include high school transition planning, DORS services, programs available through the Mental Hygiene Administration and health care. *CC - 210*

Disability Support Services: Working With Your College to Succeed *Disability Support Services Counselors Sue Haddad, Montgomery College & Jo Ann Hutchinson, Univ. of Maryland* Learn the basics of navigating disability services without IEP meetings and transition teams. Specific topics to be addressed include: transitioning from IDEA to ADA, appropriate documentation to submit, understanding "reasonable accommodations" in college, and tips for communicating with your professors, support services and college administrators. *CC - 212*

Montgomery Works: Your Workforce Connection *Barbara Ebel, Labor Exchange Administrator, Montgomery Works* MontgomeryWorks offers a variety of job-search tools and services. Learn about this virtual one-stop network that connects you with workforce information, job leads, training opportunities, and a variety of programs and services to help you make the right choices for future success. *CC - 214*

10:15 – 11:00 a.m.

Understanding SSI and SSDI *Adrian Wicker, Benefits Coordinator, Cornerstone Montgomery, Inc.* What is the difference between Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI)? Who should apply and when? Gain a basic understanding of these complex benefits. *CC - 205*

Parent Panel *Facilitated by Reda Sheinberg, MCTransitions.org* A panel of parents shares the experience of helping their adult children gain increasing independence in the community. *CC - 208*

Disability Awareness (Creando conciencia sobre Incapacidades) *Marta Bohorquez, Job Placement Specialist, Outcomes/Treatment and Learning Center* Creating awareness in the Latino community about services related to disabilities for young Latinos exiting the school system. Including and starting with diagnosing the disability, accepting it and even embracing it as part of who your teen is, while at the same time, not letting defining him or her. This workshop will cover an overview of housing, skills development, employment, health, education, self-sufficiency, benefits, DDA, and DORS for people with disabilities. *CC – 210 Presentado en español*

College: Finding a Good Fit *Judy Bass, Bass Educational Services* How do you and your child evaluate if a college is a good fit? Not all colleges offer the same level of support services. Learn what factors are important to consider in selecting a college. *CC – 212*

What is DORS and How Can It Help You? *Marcia Rohrer, DORS Vocational Rehabilitation Specialist Supervisor* Learn about eligibility for training, vocational assessment, federal Schedule A letters and other services offered by the Maryland Division of Rehabilitation Services to eligible adults as well as Transitioning Youth. *CC-214*

11:15 – 12:00 p.m.

Figuring Out Medicaid/Medical Assistance and EID *Adrian Wicker, Benefits Coordinator, Cornerstone Montgomery, Inc.* This session explains Medicaid/Medical Assistance: How do you qualify and apply for Medicaid? What does Medicaid cover? Programs that provide Medicaid - Out of pocket costs - Medicaid re-determination. CC - 205

Where Else Could You Live? *Marcy Bennett, Jewish Foundation for Group Homes - MOST ; Denise Gomez, JFGH Director of Programs* This session will offer a discussion of group homes as a housing option for DDA-eligible young adults - eligibility as well as financial and other responsibilities of the group home, the young adult and the family. There will also be some discussion of more innovative housing options. CC-208

Employment (Trabajos) *Marta Bohorquez, Job Placement Specialist, Outcomes/Treatment and Learning Center* This workshop will bring hope to attendees by presenting various examples of successful placement in cases of different disabilities. A couple of transitioning youth and their parents will be there to talk about their own experience and to answer questions (facilitated by Marta). Many examples of possible accommodations, customized employment, employers who have given opportunities to our populations will be presented. CC – 210 Presentado en español

Financial Planning/Special Needs Trusts *Strategic Financial Associates, LLC* Come learn about essential considerations in pursuing your child's long-term financial security. Ensuring the continued financial well-being of your loved one, in the event you are no longer able to provide care, is one of the most important steps you can take. CC - 212

Think College for Students with Intellectual Disabilities *Amy Lacosse, Program Associate at the Shriver Center - UMBC - SUCCESS Program* Find out how students with intellectual disabilities can benefit from being included in the academic and social fabric of a university community, taking specially designed courses and learning more about themselves and the world around them. CC - 214

12:15 – 1:00 p.m.

Got Health Care? Important Tools for Successful Youth to Adult Healthcare *Antoinette Coward, Transition Coordinator, Maryland Dept of Health and Mental Hygiene, Office of Genetics & People with Special Health Care Needs* How do you make the transition from pediatrician to adult health care provider? Find out how to actively engage your young adult in this transition while respecting your own family and cultural values. Learn about the necessary forms, contacts and agencies. CC-205

What to Expect in Supported Employment *Stephanie Silverstein, (Jewish Social Service Agency - JSSA); Nick Heynen (The Treatment and Learning Centers), Joe Hughes (Abilities Network)* talk about various supported employment models for transitioning youth, from several agencies in Montgomery County. CC - 207

Where Can I Live? Housing Options *Susan Smith, Program Coordinator, Disability Services, Montgomery County Housing Opportunities Commission* This session will offer a discussion of subsidized housing options for adults with disabilities living in Montgomery County. General eligibility criteria, program requirements, and "Wait List" parameters will be reviewed. CC - 208

Jobs – Helpful Families: Student and Parent Engagement for Workforce Transition *Darrell Burns, Youth Employment Specialist, Montgomery Works* Parents can be active and reliable partners during career exploration, transition and job preparation. Learn how you can help your young adult with soft skills, life skills and social skills. CC - 210

Guardianship and Advance Health Care Directives *Harry Pskowski, Esq., Callegary & Steedman, P.A.* Learn about the legal requirements of becoming a guardian for an adult with a disability as well as alternatives to guardianship. Also find out about the importance of power of attorney documents, advance health care directives and the role of a health care agent. CC - 212

Making It On Your Own *Colleen Larkin, Back to Work Program, Cornerstone Montgomery, Inc.* provides an overview of work incentives and safety nets that exist to support youth in becoming self-sufficient and not dependent on entitlements. The fear of losing health care benefits and/or eligibility for cash benefits and other programs, and the difficulty in understanding the complicated regulations should not keep youth from reaching work or income goals. CC-214